



Newport | St. Mary's Hospital | Parkhurst | Northwood | Cowes  
Via Park & Ride or Round House

**Mondays to Fridays** except public holidays

Newport bus station stand A	0455	0540	0555	0610	0625	0640	0650	0700	0705	0712	0720	0727	0735	0742	0750	0757	0805	0812	0820	0827	0835
Newport St Mary's Hospital	0459	0544	0559	0614	0629	0644	0654	0705	0710	0717	0725	0733	0742	0749	0757	0804	0812	0819	0827	0834	0842
Northwood Horseshoe Inn	0503	0549	0604	0619	0634	0649	0659	0710	0715	0722	0730	0738	0747	0754	0802	0809	0817	0824	0832	0839	0847
Cowes Round House	0506	▼	0607	▼	0637	▼	0703	▼	0719	▼	0734	▼	0751	▼	0806	▼	0821	▼	0836	▼	0851
Cowes Park & Ride	▼	0551	▼	0621	▼	0651	▼	0712	▼	0724	▼	0740	▼	0756	▼	0811	▼	0826	▼	0841	▼
Cowes Medical Centre	▼	0553	▼	0623	▼	0653	▼	0714	▼	0726	▼	0742	▼	0758	▼	0813	▼	0828	▼	0843	▼
Cowes Red Jet terminal	▼	0559	0613	0629	0643	0659	0709	0721	0726	0733	0741	0749	0758	0805	0813	0820	0828	0835	0843	0850	0858
Cowes Carvel Lane M&S	0510																				

Newport bus station stand A	0842	0850	0857	05	12	20	27	35	42	50	57	1757	1805	1815	1825	1840	1855	1910	1925	1940	1955	2010
Newport St Mary's Hospital	0849	0857	0904	12	19	27	34	42	49	57	04	1804	1811	1820	1830	1845	1900	1915	1930	1945	2000	2015
Northwood Horseshoe Inn	0854	0902	0909	17	24	32	39	47	54	02	09	1809	1816	1825	1835	1849	1904	1919	1934	1949	2004	2019
Cowes Round House	▼	0906	▼	21	▼	36	▼	51	▼	06	▼	▼	1820	▼	1839	▼	1908	▼	1938	▼	2008	▼
Cowes Park & Ride	0856	▼	0911	▼	26	▼	41	▼	56	▼	11	1811	▼	1827	▼	1851	▼	1921	▼	1951	▼	2021
Cowes Medical Centre	0858	▼	0913	▼	28	▼	43	▼	58	▼	13	1813	▼	1829	▼	1853	▼	1923	▼	1953	▼	2023
Cowes Red Jet terminal	0905	0913	0920	28	35	43	50	58	05	13	20	1820	1827	1835	1845	1859	1914	1929	1944	1959	2014	2029

Newport bus station stand A	2025	2040	2055	10	25	40	55	2240	2255	2310	2330	0000	0030	0100	0135	0210	0315
Newport St Mary's Hospital	2030	2045	2100	15	30	45	00	2245	2300	2315	2335	0005	0033	0103	0138	0213	0318
Northwood Horseshoe Inn	2034	2049	2104	19	34	49	04	2249	2304	2319	2339	0009	0037	0107	0142	0217	0322
Cowes Round House	2038	▼	2108	▼	38	▼	08	▼	2308	2323	▼	0013	▼	0110	0145	0220	0325
Cowes Park & Ride	▼	2051	▼	21	▼	51	▼	2251	▼	2341	▼	0039	▼	▼	▼	▼	▼
Cowes Medical Centre	▼	2053	▼	23	▼	53	▼	2253	▼	2343	▼	0041	▼	▼	▼	▼	▼
Cowes Red Jet terminal	2044	2059	2114	29	44	59	14	2259	2314	2329	2349	0019	▼	▼	▼	▼	▼
Cowes Carvel Lane M&S												0046	0115	0150	0225	0330	

these journeys run on Fridays only

**Saturdays**

Newport bus station stand A	0540	0555	0610	0625	0640	0655	0710	0725	0740	0750	0800	0810	0820	0830	0840	0850	0857	0905	0912	0920	0927
Newport St Mary's Hospital	0545	0600	0615	0630	0645	0700	0715	0730	0745	0755	0805	0815	0825	0835	0847	0857	0904	0912	0919	0927	0934
Northwood Horseshoe Inn	0549	0604	0619	0634	0649	0704	0719	0734	0749	0759	0809	0819	0829	0839	0852	0902	0909	0917	0924	0932	0939
Cowes Round House	▼	0608	▼	0638	▼	0708	▼	0738	▼	0803	▼	0823	▼	0843	▼	0906	▼	0921	▼	0936	▼
Cowes Park & Ride	0551	▼	0621	▼	0651	▼	0721	▼	0751	▼	0811	▼	0831	▼	0854	▼	0911	▼	0926	▼	0941
Cowes Medical Centre	0553	▼	0623	▼	0653	▼	0723	▼	0753	▼	0813	▼	0833	▼	0856	▼	0913	▼	0928	▼	0943
Cowes Red Jet terminal	0559	0614	0629	0644	0659	0714	0729	0744	0759	0810	0820	0830	0840	0850	0903	0913	0920	0928	0935	0943	0950

Newport bus station stand A	0935	0942	0950	0957	05	12	20	27	35	42	50	57	1757	1805	1815	1825	1840	1855	1910	1925	1940
Newport St Mary's Hospital	0942	0949	0957	1004	12	19	27	34	42	49	57	04	1804	1811	1820	1830	1845	1900	1915	1930	1945
Northwood Horseshoe Inn	0947	0954	1002	1009	17	24	32	39	47	54	02	09	1809	1816	1825	1835	1849	1904	1919	1934	1949
Cowes Round House	0951	▼	1006	▼	21	▼	36	▼	51	▼	06	▼	▼	1820	▼	1839	▼	1908	▼	1938	▼
Cowes Park & Ride	▼	0956	▼	1011	▼	26	▼	41	▼	56	▼	11	1811	▼	1827	▼	1851	▼	1921	▼	1951
Cowes Medical Centre	▼	0958	▼	1013	▼	28	▼	43	▼	58	▼	13	1813	▼	1829	▼	1853	▼	1923	▼	1953
Cowes Red Jet terminal	0958	1005	1013	1020	28	35	43	50	58	05	13	20	1820	1827	1835	1845	1859	1914	1929	1944	1959

Newport bus station stand A	1955	10	25	40	55	2240	2255	2310	2330	0000	0030	0100	0135	0210	0315
Newport St Mary's Hospital	2000	15	30	45	00	2245	2300	2315	2335	0005	0033	0103	0138	0213	0318
Northwood Horseshoe Inn	2004	19	34	49	04	2249	2304	2319	2339	0009	0037	0107	0142	0217	0322
Cowes Round House	2008	▼	38	▼	08	▼	2308	2323	▼	0013	▼	0110	0145	0220	0325
Cowes Park & Ride	▼	21	▼	51	▼	2251	▼	2341	▼	0039	▼	▼	▼	▼	▼
Cowes Medical Centre	▼	23	▼	53	▼	2253	▼	2343	▼	0041	▼	▼	▼	▼	▼
Cowes Red Jet terminal	2014	29	44	59	14	2259	2314	2329	2349	0019	▼	▼	▼	▼	▼
Cowes Carvel Lane M&S											0046	0115	0150	0225	0330





Cowes | Northwood | Parkhurst | St. Mary's Hospital | Newport  
Via Park & Ride or Round House

**Mondays to Fridays** except public holidays

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

0600	0615	0630	0645	0700	0715	0723	0730	0738	0745	0753	0800	0808	0815	0822	0829	0836	0845	
0510	0601	0616	0631	0646	0701	0716	0724	0732	0740	0747	0755	0802	0810	0817	0824	0831	0838	0847
0515	0622	0652	0722	0738	0753	0808	0823	0837	0853									
0516	0623	0653	0723	0739	0754	0809	0824	0838	0854									
0605	0635	0705	0728	0744	0759	0814	0828	0842										
0518	0609	0625	0639	0655	0709	0725	0732	0741	0748	0756	0803	0811	0818	0826	0832	0840	0846	0856
0523	0615	0631	0645	0701	0715	0731	0738	0747	0754	0802	0809	0817	0824	0832	0838	0846	0852	0902
0528	0625	0640	0655	0710	0725	0740	0750	0800	0807	0817	0825	0833	0840	0848	0854	0902	0908	0915

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

0853	00	08	15	23	30	38	45	53	1815	1823	1830	1838	1845	1900	1915	1930	1945	2000	2015	2030
0855	02	10	17	25	32	40	47	55	1817	1825	1831	1839	1846	1901	1916	1931	1946	2001	2016	2031
08	08	23	38	53					1823	1837	1851	1920	1950	2020						
09	09	24	39	54					1824	1838	1852	1921	1951	2021						
0859	14	29	44	59					1829	1843	1904	1934	2004	2034						
0903	11	18	26	33	41	48	56	03	1826	1833	1840	1847	1854	1908	1923	1938	1953	2008	2023	2038
0909	17	24	32	39	47	54	02	09	1832	1839	1846	1853	1859	1913	1928	1943	1958	2013	2028	2043
0922	27	34	42	49	57	04	12	19	1842	1849	1856	1902	1907	1920	1935	1950	2005	2020	2035	2050

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

2045	00	15	30	45	2300	2315	2330	2350	0020											
2046	01	16	31	46	2301	2316	2331	2351	0021	0046	0115	0150	0225	0330						
2050	20	50			2320	2335	0025				0119	0154	0229	0334						
2051	21	51			2321	2336	0026				0120	0155	0230	0335						
04	04	34			2304	2354	0049													
2053	08	23	38	53	2308	2323	2338	2358	0028	0053	0122	0157	0232	0337						
2058	13	28	43	58	2313	2328	2343	0003	0033	0058	0126	0201	0236	0341						
2105	20	35	50	05	2320	2335	2350	0010	0040	0105	0132	0207	0242	0347						

these journeys run on Fridays only

**Saturdays**

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

0600	0615	0630	0645	0700	0715	0730	0745	0800	0815	0825	0835	0845	0855	0905	0915	0923	0930	0938	0945
0601	0616	0631	0646	0701	0716	0731	0746	0801	0816	0827	0837	0847	0857	0907	0917	0925	0932	0940	0947
0620	0650	0720	0750	0820	0842	0902	0922	0938	0953										
0621	0651	0721	0751	0821	0843	0903	0923	0939	0954										
0604	0634	0704	0734	0804	0831	0851	0911	0929	0944										
0608	0623	0638	0653	0708	0723	0738	0753	0808	0823	0835	0845	0855	0905	0915	0925	0933	0941	0948	0956
0613	0628	0643	0658	0713	0728	0743	0758	0813	0828	0841	0851	0901	0911	0921	0931	0939	0947	0954	1002
0620	0635	0650	0705	0720	0735	0750	0805	0820	0835	0850	0900	0910	0920	0930	0940	0949	0957	1004	1012

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

0953	00	08	15	23	30	38	45	53	1800	1808	1815	1823	1830	1838	1845	1900	1915	1930	1945	2000	2015
0955	02	10	17	25	32	40	47	55	1802	1810	1817	1825	1831	1839	1846	1901	1916	1931	1946	2001	2016
08	08	23	38	53					1808	1823	1837	1851	1920	1950	2020						
09	09	24	39	54					1809	1824	1838	1852	1921	1951	2021						
0959	14	29	44	59					1814	1829	1843	1904	1934	2004	2034						
1003	11	18	26	33	41	48	56	03	1811	1818	1826	1833	1840	1847	1854	1908	1923	1938	1953	2008	2023
1009	17	24	32	39	47	54	02	09	1817	1824	1832	1839	1846	1853	1859	1913	1928	1943	1958	2013	2028
1019	27	34	42	49	57	04	12	19	1827	1834	1842	1849	1856	1902	1907	1920	1935	1950	2005	2020	2035

- Cowes Red Jet terminal
- Cowes Carvel Lane M&S
- Cowes Medical Centre
- Cowes Park & Ride
- Cowes Round House
- Northwood Horseshoe Inn
- Newport St Mary's Hospital
- Newport bus station

2030	2045	00	15	30	45	2300	2315	2330	2350	0020											
2031	2046	01	16	31	46	2301	2316	2331	2351	0021	0046	0115	0150	0225	0330						
2050	20	50			2320	2335	0025				0119	0154	0229	0334							
2051	21	51			2321	2336	0026				0120	0155	0230	0335							
04	04	34			2304	2354	0049														
2034	08	23	38	53	2308	2323	2338	2358	0028	0053	0122	0157	0232	0337							
2038	2053	13	28	43	58	2313	2328	2343	0003	0033	0058	0126	0201	0236	0341						
2043	2058	20	35	50	05	2320	2335	2350	0010	0040	0105	0132	0207	0242	0347						
2050	2105																				



Cowes | Northwood | Parkhurst | St. Mary's Hospital | Newport  
Via Park & Ride or Round House

**Sundays & public holidays**

Cowes Red Jet terminal	0715	0745	0800	0815	0830	0845	0900	0915	then at these minutes	25	35	45	55	05	15	until	1725	1735	1745	1755	1805	1815	1830	1845
Cowes Carvel Lane M&S	0716	0746	0801	0816	0831	0846	0901	0916		26	36	46	56	06	16		1726	1736	1746	1756	1806	1816	1831	1846
Cowes Medical Centre	▼	0750	▼	0820	▼	0850	▼	0920		▼	42	▼	02	▼	22		▼	1742	▼	1800	▼	1820	▼	1850
Cowes Park & Ride	▼	0751	▼	0821	▼	0851	▼	0921		▼	43	▼	03	▼	23		▼	1743	▼	1801	▼	1821	▼	1851
Cowes Round House	0719	▼	0804	▼	0834	▼	0904	▼		31	▼	51	▼	11	▼		1731	▼	1751	▼	1809	▼	1834	▼
Northwood Horseshoe Inn	0723	0753	0808	0823	0838	0853	0908	0923	35	45	55	05	15	25	1735	1745	1755	1803	1813	1823	1838	1853		
Newport St Mary's Hospital	0728	0758	0813	0828	0843	0858	0913	0928	41	51	01	11	21	31	1741	1751	1801	1808	1818	1828	1843	1858		
Newport bus station	0735	0805	0820	0835	0850	0905	0920	0935	48	58	08	18	28	38	1748	1758	1808	1815	1825	1835	1850	1905		
Cowes Red Jet terminal	1900	1915	1930	1945	2000	2015	2030	2045	2100	2115	2145	2215	2245	2315										
Cowes Carvel Lane M&S	1901	1916	1931	1946	2001	2016	2031	2046	2101	2116	2146	2216	2246	2316	2341	0011	0036							
Cowes Medical Centre	▼	1920	▼	1950	▼	2020	▼	2050	▼	2120	▼	2220	▼	2320	▼	0015	▼							
Cowes Park & Ride	▼	1921	▼	1951	▼	2021	▼	2051	▼	2121	▼	2221	▼	2321	▼	0016	▼							
Cowes Round House	1904	▼	1934	▼	2004	▼	2034	▼	2104	▼	2149	▼	2249	▼	2344	▼	0039							
Northwood Horseshoe Inn	1908	1923	1938	1953	2008	2023	2038	2053	2108	2123	2153	2223	2253	2323	2348	0018	0043							
Newport St Mary's Hospital	1913	1928	1943	1958	2013	2028	2043	2058	2113	2128	2158	2228	2258	2328	2353	0023	0048							
Newport bus station	1920	1935	1950	2005	2020	2035	2050	2105	2120	2135	2205	2235	2305	2335	0000	0030	0055							